The Effects of Dextrose Infusion and Head Position on Neurologic Outcome after Complete Cerebral Ischemia in Primates: Examination of a Model


The hypothesis that iv dextrose infusion prior to—and head position during—cerebral ischemia would influence the severity and pattern of neurologic injury was tested in primates. Fifteen pigtail monkeys weighing 3.3 ± 0.2 kg (mean ± SE) were subjected to 17 min complete cerebral ischemia followed by 24 h intensive care treatment and neurologic assessment for an additional 72 h. Monkeys were given 50 ml iv infusions of either dextrose 5% in 0.45% saline solution (n = 8) or lactated Ringer’s solution (n = 7) during the preparatory period. This volume corresponds to approximately 1 l/70 kg individual. These same monkeys were placed in either the lateral (n = 3), prone (n = 5), or supine (n = 7) position during the ischemic period. Two monkeys failed to meet preestablished protocol criteria and were excluded from data analysis. Blood glucose immediately preischemia in the dextrose-treated group (181 ± 19 mg·dl⁻¹) was not significantly greater than in the group given lactated Ringer’s solution (140 ± 6 mg·dl⁻¹; P = 0.07). Dextrose infusion resulted in significantly greater cerebral injury at 24 h postischemia when comparing both neurologic (P < 0.05) and histopathology (P < 0.05) scores. Specifically, dextrose administration resulted in the greatest injury to the insular cortex, thalamus, Purkinje cells, and substantia nigra. Although blood glucose was <250 mg·dl⁻¹ in all monkeys at the time of complete cerebral ischemia, there was a high correlation between blood glucose rank and neurologic function rank (r = 0.76; P < 0.005). The authors were unable to note any effect of head position on the distribution of histopathologic lesions. Prior to removing the brain for histopathologic studies, four monkeys were given repeat infusions of 50 ml dextrose 5% in 0.45% saline solution over 11 ± 1 min. These infusions produced increases in blood glucose from 56.7 ± 7.6 to 244 ± 24.9 mg·dl⁻¹ (P < 0.01) and increases in brain glucose from 1.64 ± 0.22 to 5.11 ± 0.48 µmol·g⁻¹ (P < 0.01). (Key words: Brain; ischemia; metabolism; resuscitation. Heart: cardiac arrest. Metabolism: glucose. Toxicity: glucose.)

A previous report from our laboratory noted that monkeys given iv dextrose infusions and subsequently exposed to complete cerebral ischemia in the supine position sustained the greatest injury to portions of the brain supplied by the posterior circulation. We also noted that the two monkeys with the highest preischemic blood glucose values (219 and 251 mg·dl⁻¹) exhibited the worst neurologic outcome of the 21 monkeys studied (unpublished data). Although we could not demonstrate that sugar administration prior to—or head position during—the period of complete cerebral ischemia affected the outcome of that study, sugar administration and head position are thought possibly to affect the model.

There is a large body of data that suggests that elevated blood glucose or a history of sugar administration will augment postischemic cerebral injury in laboratory animals and humans. However, many of these laboratory reports used sugar loads that exceed clinical doses. That small differences in blood glucose values may influence postischemic neurologic outcome in laboratory studies has been retrospectively suggested by Todd et al. Blood or blood components remaining in the cerebral vasculature at the time of cerebral ischemia may also augment postischemic cerebral damage. Ames and Fisher have hypothesized that blood pooling in dependent cerebral areas during periods of ischemia may affect the distribution of postischemic neurologic injury. Thus, our previous finding of increased posterior cerebral injury in supine monkeys exposed to complete cerebral ischemia may be due in part to the head position during the ischemic period.

The current study was designed to test the hypothesis that clinically relevant doses of iv dextrose prior to—and head position during—complete cerebral ischemia would affect the severity and pattern of neurologic injury in monkeys exposed to 17 min of complete cerebral ischemia.

Methods

Study Subjects and Preischemic Preparation

Fifteen unmedicated pigtail monkeys (Macaca nemestrina) ages 14–42 months of either sex, weighing 3.3 ± 0.2

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†† Todd MM, Chadwick HS, Shapiro HM, Goodman RM: Outcome after cardiac arrest: The role of plasma glucose (abstract). ANESTHETE-
kg (mean ± SE), were studied. The monkeys were uniformly fed but received only water ad lib the last 24 h before the experiment. Monkeys were initially anesthe-
tized with halothane 0.5% and nitrous oxide 66% in ox-
gen. Pancuronium 2 mg and glycopyrrolate 0.05 mg were given im to facilitate tracheal intubation with a cuffed
wire-spiral reinforced tube, and ventilation was controlled with a Harvard® pump.

Catheters were placed in the abdominal aorta via the
femoral artery for blood sampling and pressure monitor-
ing and in a peripheral vein for fluid and drug infusions.
Additional doses of pancuronium 0.02 mg · kg⁻¹ · iv were
given as needed. A two-channel EEG was recorded using
bifrontal and biparietal needle electrodes. Body tempera-
ture was measured with a rectal thermistor and main-
tained near 37° C throughout the experiment using heat-
ing pads and heat lamps when needed. End-tidal CO₂ was
monitored with a mas spectrometer (Perkin-Elmer, Model 1100), and arterial blood gases were determined
by electrodes (Instrumentation Laboratory, Inc., Lexing-
ton, MA) at 37° C. Arterial blood gases were measured
immediately preischemia and frequently postischemia.
Serum Na⁺ and K⁺ were determined preischemia, and
blood glucose was determined using indicator-impreg-
nated strips (Chemstrip BC®, Biodynamics, Indianapolis,
IN). The latter permitted the rapid identification of blood
glucose levels at 20–30 mg · dl⁻¹ increments over a range
of 20–240 mg · dl⁻¹, and these values are reported to cor-
relate well with values obtained from a Beckman® Glucose
Analyzer (r = 0.978; P < 0.0001).§§ \\

RANDOMIZATION

Monkeys were divided into groups according to pos-
tion and fluid infusion. Group D monkeys (n = 8) received
dextrose 5% in 0.45% saline solution 50 ml iv, and Group
R monkeys (n = 7) received lactated Ringer’s solution 50
ml iv during the preparatory period. This volume of fluid,
corresponding to approximately 11/70 kg individual,
was infused over a 10–15 min period approximately 30 min
before induction of ischemia. The monkeys were further
subdivided randomly into Group S (n = 7), who were
placed in the supine position during ischemia, Group L
(n = 9) in the left lateral decubitus position, and Group
P (n = 5) in the prone position.

PRODUCTION OF ISCHEMIA

Complete cerebral ischemia was produced by a method
previously described by Bleyaert et al. and Gisvold et
al., using modifications described by Steen et al. Halo-
thane was discontinued for 3 min, and anesthesia was
maintained with nitrous oxide 66% in oxygen. Rapid in-
duction of hypotension (within 1 min) was induced by
administration of trimethaphan 20–40 mg · iv until a mean
arterial pressure (MAP) of approximately 50 mmHg was
achieved. At this point, a collapsible neck tourniquet was
inflated to 1,500 mmHg for 17 min, and the monkeys
were ventilated with 100% O₂ during the period of ce-
bral ischemia. A tendency to hypertension during the
first 5 min of ischemia was treated with additional ad-
mistration of trimethaphan and the addition of positive
end-expiratory airway pressure (PEEP) to maintain MAP
at 40–80 mmHg during the ischemic period. After 14
min of ischemia, a norepinephrine (NE) infusion was
started at 0.4 µg · kg⁻¹ · min⁻¹ and adjusted as needed
to maintain MAP at 80 mmHg before neck tourniquet de-
flation. Immediately after tourniquet deflation, MAP al-
ways abruptly decreased. Further adjustments of the NE
infusion were made to increase MAP to 80–110 mmHg
during the immediate postischemic period.

Completeness of cerebral ischemia was monitored using
¹³³Xe, as previously described by Steen et al. 

POSTISCHEMIC TREATMENT

Optimal life support was provided for 24 h postischemia
with a minimum of one technician and one physician in
attendance.

Paralysis and controlled ventilation were maintained
until continuous EEG activity had returned for 1 h. Mon-
keys received 100% inspired O₂ for the first 2 h after
ischemia followed by N₂O 50% in O₂ thereafter until
expiration. The latter provided analgesia and sedation
during immobilization in an attempt to avoid a previously
reported severe hypertensive reaction. PaCO₂ was
maintained at 25–30 mmHg and PaO₂ was maintained
above 100 mmHg by increasing fractional inspired O₂
circulation (FIO₂) as needed. A minimum of 2–5 cm
PEEP was used. Respiratory care included tracheal su-
cussion as needed, intermittent deep-lung inflations (sig-
hing), chest physiotherapy, and turning the monkeys from
side to side every 4 h.

At 1 h after return of continuous EEG activity (ap-
proximately 2.5 h postischemia), pancuronium-induced
neuromuscular blockade was reversed with neostigmine
0.07 mg · kg⁻¹ · iv and glycopyrrolate 0.012 mg · kg⁻¹ · iv.
The monkeys were weaned from the ventilator and ex-
tubated if spontaneous ventilation was deemed adequate

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§§ Package insert: Chemstrip BC. Indianapolis, Boehringer Mann-
heim Diagnostics, Inc.

†† Piepho SL, Kloepper HG, Suther C: Evaluation of three systems

of postischemic brain damage in the monkey by immu-
obilation and controlled ventilation (abstract). Crit Care Med 6:112–
as judged by the presence of carinal and pharyngeal reflexes, maintenance of a $P_{A\text{CO}_2} < 35 \text{ mmHg}$, and the presence of hemodynamic stability. At the time of extubation, the femoral artery catheter was removed; and, thereafter, femoral artery samples for blood gases were obtained by percutaneous needle puncture as needed to evaluate unexplained tachypnea, tachycardia, cardiac dysrythmias, lethargy, or discoloration of the mucous membranes.

MAP was maintained at 80–120 mmHg during the immediate postschismic period until the time of femoral artery cannulation. An infusion of NE was often needed in the immediate postschismic period. Later, trimethaphan (5–15 µg·kg$^{-1}$·min$^{-1}$) was used as needed in two animals (Groups D and S and Groups R and S) to treat hypertension. Dextrose 5% in 0.45% saline solution was infused at 4 ml·kg$^{-1}$·h$^{-1}$ during the first 24 h. If further fluid replacement was deemed necessary, additional infusions of lactated Ringer’s solution 5–10 ml·kg$^{-1}$ were given. Thereafter, monkeys were further hydrated as during the first 24 h, were intermittently hydrated with 10–20 ml·kg$^{-1}$ lactated Ringer’s solution subcutaneously, or were given fluids per os as determined by their activity. Fluid requirements after the first 24 h were determined by physical examination. Potassium chloride was added to iv fluids as needed as determined by measuring serum K$^+$. Gentamicin 1 mg·kg$^{-1}$ iv was given every 8 h during the first 2 days. Benzathine penicillin 300,000 units and procaine penicillin 300,000 units im were given daily.

When their conditions permitted, monkeys were moved to padded open pens, and when they were judged to be near normal, they were returned to their cages. In all animals, ages were determined from birth records.

EXCLUSIONS

Animals that did not meet all preestablished protocol criteria were excluded from data analysis before the final 96-h evaluation. The decision to exclude animals was made by a blinded observer (J.D.M.), who was unaware of treatment groups. Exclusion was based on strict criteria: a preischemic blood glucose $> 250 \text{ mg·dl}^{-1}$; evidence of incomplete ischemia; severe cardiopulmonary complications, such as pulmonary edema, resulting in a postischemic $P_{A\text{CO}_2} < 60 \text{ mmHg}$ and/or a $P_{A\text{CO}_2} > 45 \text{ mmHg}$; failure to achieve a postischemic MAP of $> 80 \text{ mmHg}$ within 3 min after cuff deflation; and thereafter, a MAP $< 70 \text{ mmHg}$ for $> 60$ min or of $< 50 \text{ mmHg}$ at any point or a MAP $> 130 \text{ mmHg}$ for more than 1 h.

Because Pulsinelli et al. have shown that histologic changes after a period of cerebral ischemia require more than 24 h to mature, we decided prior to the study onset to exclude monkeys from data analysis who died before 48 h postischemia. This restriction was not felt to affect outcome because Steen et al., whose monkeys were continuously observed for 96 h, had no monkeys die within the first 48 h postischemia without first violating age, glucose, or cardiopulmonary exclusion criteria.

NEUROLOGIC FUNCTION POSTISCHEMIA

Neurologic function was evaluated at 26, 48, 72, and 96 h postischemia by the same blinded observer (J.D.M.). A previously described neurologic examination and scoring system were used. Briefly, this system scored monkeys according to their level of consciousness, respiration, cranial nerve function, motor and sensory function, and behavior. The results were expressed as per cent neurologic function, where 100% was normal and 0% was apparent brain death.

HISTOPATHOLOGIC AND CEREBRAL GLUCOSE EVALUATION

After the final clinical evaluation, the 13 surviving monkeys were reanesthetized with ketamine 3–5 mg·kg$^{-1}$ im and paralyzed with pancuronium 1 mg iv. The trachea was intubated, and ventilation was controlled. Anesthesia was maintained with halothane 0.5% in 50% $N_2O$ and $O_2$. A craniotomy was performed in four monkeys, and the dura overlying the frontal lobes was excised. Rectal temperature and end-tidal $P_{CO_2}$ were maintained near 37º C and 32 mmHg, respectively. In these four monkeys, 50 ml of dextrose 5% in 0.45% saline solution was infused over 11 ± 1 min. Cerebral biopsies were taken immediately before infusion and 3 min after infusion completion, using a punch biopsy system that deposits brain tissue into liquid nitrogen within 1 s. Each sample was analyzed using the enzymatic fluorometric technique described by Lowry et al. for glucose. Blood glucose was measured with each brain biopsy and, additionally, when one-half of the 50 ml dextrose solution had been infused, using an enzymatic spectrophotometric technique. In all 13 surviving monkeys, a left thoracotomy was performed, and they were killed by infusing 500 ml of 4% buffered paraformaldehyde into the left ventricle at a pressure of 100 mmHg while the descending thoracic aorta was cross-clamped and the right atrium was opened. One hour later, the brains were removed, weighed, and placed in buffered paraformaldehyde. All brains were fixed for 4 weeks prior to gross and microscopic examinations by a neuropathologist (B.W.S.), who was blinded as to treatment groups and neurologic outcome. Coronal whole-mount, paraffin-embedded microsections were cut at 6 µ thicknesses and were stained by the hematoxylin-and-eosin method. Representative sections of cerebral cortex, basal ganglia, thalamus, midbrain, pons, medulla, and cerebellum were graded according to the type and extent of histopathology, as previously described.

Total histopathology scores and regional histopathol-
TABLE 1. Control Physiologic Variables

<table>
<thead>
<tr>
<th>Monkey Group</th>
<th>Monkey Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>D (n = 7)</td>
<td>R (n = 6)</td>
</tr>
<tr>
<td>-----------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Weight (kg)</td>
<td>3.3 ± 0.2</td>
</tr>
<tr>
<td>Pao2 (mmHg)</td>
<td>159 ± 7</td>
</tr>
<tr>
<td>Paco2 (mmHg)</td>
<td>32 ± 1</td>
</tr>
<tr>
<td>pH</td>
<td>7.45 ± 0.02</td>
</tr>
<tr>
<td>Buffer base (mEq·L⁻¹)</td>
<td>45 ± 1</td>
</tr>
<tr>
<td>Hct %</td>
<td>34 ± 1</td>
</tr>
<tr>
<td>MAP (mmHg)</td>
<td>70 ± 5</td>
</tr>
<tr>
<td>Heart rate (beats · min⁻¹)</td>
<td>153 ± 3</td>
</tr>
<tr>
<td>Temperature (°C)</td>
<td>36.9 ± 0.1</td>
</tr>
<tr>
<td>Blood glucose (mg · dl⁻¹)</td>
<td>181 ± 19</td>
</tr>
<tr>
<td>Serum Na⁺ (mEq·L⁻¹)</td>
<td>144 ± 2</td>
</tr>
<tr>
<td>Serum K⁺ (mEq·L⁻¹)</td>
<td>4.0 ± 0.1</td>
</tr>
</tbody>
</table>

All values are expressed as mean ± SE.
There were no statistically significant differences between groups.
Group L monkeys were not included in statistical comparisons by post hoc tests due to the small number of subjects. MAP = mean arterial pressure.

Radiographic Studies

Radiographic studies were performed in one additional monkey to determine if contrast material would pool in dependent brain areas in the absence of blood flow. The monkey was anesthetized with pentobarbital 65 mg iv. Pancuronium 1 mg iv was given to facilitate tracheal intubation, and ventilation was controlled. An angiographic catheter was introduced into the thoracic aorta via a femoral artery approach. A tourniquet was placed around the neck as in monkeys used for neurologic function studies. With the animal in the supine position, 30 ml of Vascoray® 76% (Mallinckrodt, Inc., St. Louis, MO) was injected into the aortic arch over 4 s, followed immediately by inflation of the neck tourniquet to 1,500 mmHg. Posterior-anterior and lateral cerebral angiograms were performed with the animal sequentially placed in the supine, prone, left lateral decubitus, and right lateral decubitus positions. Fifteen minutes were allowed between position changes and angiography to allow equilibration of contrast pooling.

Statistical Evaluation

The statistical significance of postischemic differences in neurologic function, histopathologic scores, and blood glucose values between the various groups was evaluated by the two-tailed Mann-Whitney rank sum test. Comparison of physiologic variables other than blood glucose were evaluated by unpaired t tests. The two Group-L monkeys were not included in comparisons of statistical significance according to position due to the small number of subjects. Correlation between neurologic function ranks, histopathology ranks, and blood glucose ranks were assessed using the Spearman rank correlation coefficient. A probability of less than 0.05 was considered significant. All mean values are reported with the standard error of the mean.

Results

Thirteen monkeys fulfilled all protocol criteria and were included in the final analysis. Division of groups according to iv fluid history and position during ischemia is noted in table 1.

Exclusions

Two monkeys were excluded from the study prior to the 96-h evaluation. One monkey (Groups D and L) had a blood glucose of 400 mg · dl⁻¹ immediately before initiation of cerebral ischemia. Life support was terminated 5 h postischemia, at which time EEG activity had not continuously returned. A second monkey (Groups R and S) died of a respiratory arrest 20 h postischemia and prior to the 24 h neurologic evaluation. The brain was grossly normal at necropsy, and the origin of the respiratory arrest was not determined.

Physiologic Variables

Control physiologic variables are listed in table 1. There were no statistically significant differences in physiologic variables between Groups D and R at any
measurement period. Specifically, the difference between blood glucose in Group D (181 ± 19 mg·dL⁻¹) and that in Group R (140 ± 6 mg·dL⁻¹) achieved significance only at a \( P \) level of 0.07 (Mann-Whitney rank sum test).

Completeness of Ischemia

Cerebral ischemia was complete in all monkeys. No \(^{133}\)Xe was detected in the brain during ischemia.

EEG Data

EEG data are summarized in Table 2. The time between neck tourniquet inflation and onset of an isoelectric EEG was significantly longer in Group P (20 ± 2 s) than Group S (16 ± 1 s; \( P < 0.05 \)). There were no significant differences among groups in the time of EEG return after neck tourniquet deflation (Table 2).

Seizure Activity Postischemia

Seizure activity on the EEG or by clinical exam was never noted during the study.

Time to Extubation

Duration of posts ischemic tracheal intubation was significantly greater in Group D (307 ± 30 min) than in Group R (192 ± 7 min; \( P < 0.01 \)). Clinical evidence of pulmonary edema was not noted in any animal. After the initial extubation, two monkeys (both in Groups P and R) required reintubation, although these data were not included in the earlier calculations. One of these monkeys had the best neurologic and histopathologic outcome of any monkey studied, while the other monkey had an intermediate neurologic outcome.

Neurologic Outcome

Dextrose-infused monkeys had a significantly worse neurologic outcome at 96 h posts ischemia than lactated Ringer's solution-treated monkeys (Fig. 1). The mean neurologic function score was 79 ± 5% in Group D and 98 ± 2% in Group R. Differences achieved a \( P < 0.05 \) by Mann-Whitney rank sum test. Four of six Group R monkeys had no detectable neurologic deficits at 96 h postischemia. No Group D monkey had complete return of neurologic function. There was a highly significant correlation between preischemic blood glucose rank and neurologic function rank, regardless of the iv fluids given during the preparatory period (\( r_s = 0.76; \ P < 0.005 \) (Fig. 1). Three of seven Group D monkeys were blind, while no Group R monkey was blind. Ataxia occurred in all seven Group D monkeys but in only one Group R monkey. The difference in ataxia scores achieved a \( P < 0.02 \) by rank sum test. Head position at the time of ischemia had no effect on neurologic outcome (Fig. 1). Lateralizing neurologic deficits were not seen in the two Group L.

* Significant difference between Group P and Group S (\( P < 0.05 \)).

### Table 2. Time to Onset of EEG Parameters

<table>
<thead>
<tr>
<th>EEG Parameter</th>
<th>D (n = 7)</th>
<th>R (n = 6)</th>
<th>L (n = 2)</th>
<th>P (n = 5)</th>
<th>S (n = 6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isoelectric onset (s)</td>
<td>18 ± 2</td>
<td>19 ± 2</td>
<td>24 ± 6</td>
<td>20 ± 2</td>
<td>16 ± 1*</td>
</tr>
<tr>
<td>Burst suppression return (min)</td>
<td>35 ± 3</td>
<td>33 ± 2</td>
<td>34 ± 4</td>
<td>36 ± 2</td>
<td>33 ± 4</td>
</tr>
<tr>
<td>Continuous return anterior (min)</td>
<td>100 ± 28</td>
<td>59 ± 8</td>
<td>125 ± 91</td>
<td>65 ± 7</td>
<td>79 ± 24</td>
</tr>
<tr>
<td>Continuous return posterior (min)</td>
<td>103 ± 27</td>
<td>69 ± 10</td>
<td>125 ± 91</td>
<td>80 ± 6</td>
<td>81 ± 24</td>
</tr>
</tbody>
</table>

The two Group L monkeys were not included in statistical comparisons by position due to the small number of subjects.
monkeys. Blindness and ataxia were no more common in supine than prone monkeys.

There was no correlation between the rapidity of return of EEG activity postischemia and the ultimate neurologic outcome.

**Histopathology Evaluation**

Histopathologic examination revealed a pattern of pathologic changes primarily characterized by early ischemic neuronal change, ischemic neuronal necrosis, and infarction. Ischemic changes as well as infarction were usually symmetric, including the Group L monkeys. Changes at all locations were most noticeable in the gray matter. When all animals were considered as a group, the greatest histologic injury was noted in the substantia nigra, followed collectively by the hippocampus, midbrain, and cerebellar Purkinje cells, followed next by the frontal, parietal, and occipital cortex and the caudate nucleus and putamen. In contrast to the large amount of injury to structures rich in gray matter, no injury whatsoever was recorded in the central white matter, corpus callosum, and anterior commissure, which have white matter only.

When comparisons were made according to sugar history, overall histopathology scores were greater in Group D (101 ± 13 points) than Group R monkeys (60 ± 3 points; P < 0.05) (fig. 3). When examined according to specific brain loci, the increased injury in Group D monkeys achieved statistical significance only in posterior cerebral structures, that are rich in gray matter. Injury to the in-

**Fig. 2.** Correlation between neurologic function rank (ranked from best to worst) and blood glucose rank (ranked from lowest to highest). The solid line represents the line of identity. (r = 0.76; P < 0.005). Note that there were five groupings of blood glucose rank scores. These were at blood glucose levels of 100, 120, 150, 180, and 240 mg·dl⁻¹, respectively.

**Fig. 3.** Histopathology scores and ranks according to fluid and position groups. Histopathology scores were significantly worse in dextrose-pretreated monkeys at the P < 0.05 level by the Mann-Whitney rank sum test. There were no significant differences according to position groups.
curred only in prone monkeys in which posterior histopathology scores (42 ± 7 points) were significantly higher than anterior scores (24 ± 2; \( P < 0.05 \)) (table 3). There was a significant correlation between neurologic function rank and histopathology rank (\( r_s = .69; \ P < 0.02 \)) (fig. 4).

**Cerebral Glucose Evaluation**

Cerebral and blood glucose values are listed in table 4. There was roughly a three-fold increase in brain glucose and a four-fold increase in blood glucose following the infusion of 50 ml dextrose 5% in 0.45% saline solution over 11 ± 1 min. Although there were significant increases in brain (\( P < 0.01 \)) and blood (\( P < 0.01 \)) glucose levels with infusion, the ratios of brain to blood glucose did not change meaningfully.

**Radiographic Examination**

Radiographic examination showed pooling of angiographic contrast material in posterior cerebral areas with the monkey in the supine position. The amount of posterior contrast material diminished when the monkey was placed in the prone position. With the animal in the lateral decubitus position, we did not demonstrate pooling of contrast in the dependent hemisphere; however, there was difficulty in obtaining high-quality lateral decubitus angiograms.

**Discussion**

Approximately 40% of patients who are successfully resuscitated from cardiac arrests never regain consciousness and die in the hospital,\(^9\) while an estimated 20% survive and have severe brain damage.\(^21\) Of those regaining consciousness, many will have visual disturbances, ataxia, and tremors, suggesting injury to posterior circulation cerebral structures.\(^22\) In a recent report from our laboratory,\(^1\) we also noted that monkeys exposed to 17 min complete cerebral ischemia sustained the greatest injury to posterior cerebral structures. When the histopathology scores of anterior and posterior cerebral structures were compared, we found that the posterior scores (81 ± 8 points) showed worse injury than the anterior scores (45

### Table 3. Comparison of Position during Complete Cerebral Ischemia and Pattern of Histopathologic Injury

<table>
<thead>
<tr>
<th>Group</th>
<th>n</th>
<th>Anterior</th>
<th>Posterior</th>
<th>Significance</th>
<th>Dependent</th>
<th>Nondependent</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>L</td>
<td>2</td>
<td>36 ± 18</td>
<td>53 ± 21</td>
<td>—</td>
<td>46 ± 20</td>
<td>43 ± 19</td>
<td>—</td>
</tr>
<tr>
<td>P</td>
<td>5</td>
<td>24 ± 2</td>
<td>42 ± 7</td>
<td>*</td>
<td>24 ± 2</td>
<td>42 ± 7</td>
<td>*</td>
</tr>
<tr>
<td>S</td>
<td>6</td>
<td>43 ± 6</td>
<td>50 ± 10</td>
<td>NS</td>
<td>50 ± 10</td>
<td>43 ± 6</td>
<td>NS</td>
</tr>
<tr>
<td>All</td>
<td>13</td>
<td>35 ± 4</td>
<td>47 ± 6</td>
<td>NS</td>
<td>39 ± 6</td>
<td>43 ± 4</td>
<td>NS</td>
</tr>
</tbody>
</table>

NS = no significance.

* Posterior cerebral areas achieved significantly greater histopathology scores (\( P < 0.05 \)) in Group P only.

![Fig. 4. Correlation between neurologic function rank and histopathology rank (ranked from best to worst). The solid line represents the line of identity (\( r_s = .69; \ P < 0.02 \)).](image-url)
TABLE 4. Changes in Blood and Brain Glucose with Dextrose Infusion

<table>
<thead>
<tr>
<th>Time</th>
<th>Cumulative Volume</th>
<th>Blood Glucose (mg·dl⁻¹)</th>
<th>Brain Glucose (μmol·g⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>0</td>
<td>57 ± 8</td>
<td>1.64 ± 0.22</td>
</tr>
<tr>
<td>b</td>
<td>25 ml</td>
<td>193 ± 15</td>
<td></td>
</tr>
<tr>
<td>c</td>
<td>50 ml</td>
<td>244 ± 25*</td>
<td>5.11 ± 0.48*</td>
</tr>
</tbody>
</table>

Samples were taken before infusion of dextrose 5% in 0.45% saline (time "a"); after infusion of 25 ml in 6 ± 1 min (time "b"); and 3 min after infusion of 50 ml in 11 ± 1 min (time "c"). (n = 4; monkey neurologic function ranks from figure 1 were 6, 8, 12, and 13).

* Time "c" value significantly greater than time "a" value (P < 0.01).

± 4 points). This difference achieved a P < 0.001 by unpaired t test (unpublished data). Because these monkeys were in the supine position during and immediately after the period of complete cerebral ischemia (as we assume is true of most cardiac arrest survivors), we hypothesized that pooling of blood in dependent areas of the brain during the period of ischemia and early resuscitation may have contributed to the regional injury.

There is some experimental evidence that suggests that areas of the brain exposed to static hypoxic blood or certain blood elements during complete cerebral ischemia sustain more damage than areas not so exposed, 10-15,16 and the results of those studies are summarized in a recent report from our laboratory. 23

In the latter study, Stangeland et al. 28 demonstrated large variations in the cranial blood content of dogs placed in the 45-degree head-up versus 10-degree head-down positions during periods of complete cerebral ischemia induced with aortic occlusion. Despite these differences in cranial blood content, the authors reported no difference in postischemic cerebral blood flow, cerebral metabolic rate, or neurologic outcome between the two groups. This study was limited by the fact that cerebral blood flow and metabolic rate measurements were restricted to portions of the frontal and lateral cortex, the postischemic neurologic assessment was limited in its discriminatory power, and histopathologic studies were not performed. For this reason, the current study was performed in an established primate model that includes postischemic histopathologic evaluations and allows a more sensitive postischemic neurologic examination.

Although we were able to document a pooling of contrast material within dependent cerebral structures during ischemia, we were unable to show that cerebral injury was greater in areas that were dependent at the time of complete ischemia. The only group in which histopathology scores differed between dependent and nondependent areas (Group P), showed the greatest injury to the posterior, nondependent area. These latter data directly contradict the hypothesis that blood pooling in dependent cerebral tissue during periods of cerebral ischemia determines the pattern of regional cerebral injury.

In contrast to our inability to document alterations in neurologic injury by varying head position, our study clearly demonstrated that administration of clinically relevant doses of dextrose solution prior to cerebral ischemia augments postischemic neurologic dysfunction and histologic injury. Preliminary evidence that sugar administration prior to complete cerebral ischemia worsened neurologic outcome was reported by Myers and Yamauchi. 2 These authors observed that when monkeys were exposed to 14 min of cardiac arrest, two monkeys receiving 5% glucose (approximately 35 and 70 ml·kg⁻¹, respectively) had greater postischemic neurologic injury than four saline-pretreated monkeys. In a subsequent study from that laboratory, Myers 24,88 gave food-deprived monkeys intravenous glucose 2.5 or 5.0 g·kg⁻¹ and found that these monkeys had poorer postischemic neurologic function and greater cerebral perfusion defects than saline-pretreated monkeys.

The detrimental effects of increased blood glucose values on postischemic neurologic outcome has also been reported in humans. Pulsinelli et al. 7 in a retrospective study, found that diabetic patients who developed ischemic strokes had worse neurologic outcomes and a greater incidence of stroke-related deaths than nondiabetic patients. In a prospective study, this same group of authors 27 reported that 31 nondiabetic patients suffering from ischemic strokes, 14 patients with an admission blood glucose of >120 mg·dl⁻¹ tended to have a worse neurologic outcome than 17 patients with an admission blood glucose <120 mg·dl⁻¹ (P = 0.061). These observations were complimented by the report of Longstreth and Inui, in which they evaluated the neurologic outcome of 430 consecutive patients who were resuscitated from out-of-hospital cardiac arrests. 8 All of these patients received varying amounts of glucose 5% solution iv. Admission blood glucose values from patients who did not awaken postarrest (341 mg·dl⁻¹) were greater than values in patients who awakened (262 mg·dl⁻¹; P < 0.0005). Of patients who awakened, those having persistent neurologic deficits had greater admission blood glucose values (286 mg·dl⁻¹) than patients without deficits (251 mg·dl⁻¹; P < 0.02).

Despite the large amount of data which suggests the detrimental effects of sugar administration and/or high blood glucose on postischemic neurologic outcome, these and other studies suffer from various faults of experimental design: 1) the groups are too small to show statistical significance; 2) the sugar load is unknown; 3) sugar administration exceeds clinically relevant doses; 4) the period of ischemia is variable or unknown; 5) the studies were retrospective; 6) the subjects had coexisting disease that may have interfered with the results; or 7) the animal model was...
nonprimate with questionable applicability to humans.\textsuperscript{5,6,7,8,9} Accordingly, our study was designed to eliminate many of these variables. We were able to demonstrate uniquely that after a known period of cerebral ischemia in primates, clinically relevant doses of dextrose 5\% solution iv had an augmenting effect on posts ischemic neurologic injury, even though there were minor differences between the blood glucose values of the study groups. In agreement with the retrospective analysis of Todd et al., our findings suggest that small fluctuations in blood glucose, and more importantly brain glucose, may affect the results of neurologic-outcome studies. Small differences in preschismic brain glucose may explain the conflicting results of previously reported brain resuscitation studies.\textsuperscript{10,11,12,13}

Increased cerebral injury with sugar administration prior to complete cerebral ischemia is proposed to be related to anaerobic lactate production from cerebral glucose.\textsuperscript{5,6,7,8,9,10,11,12,13} Endogenously or exogenously induced blood glucose increases are followed by parallel increases in brain glucose.\textsuperscript{14} The latter phenomenon was observed in our study. Should cerebral ischemia occur during periods in which cerebral glucose is increased, increased amounts of lactate will be produced.\textsuperscript{5,14} Lactate is presumably responsible for postschismic tissue injury, whether ischemia is complete or incomplete in nature.\textsuperscript{5,6,7,8,9,10,11,12,13} When glucose is administered shortly before the onset of ischemia, for a given duration of ischemia there should be proportional increases in postschismic brain glucose, postschismic cerebral lactate levels, and postschismic cerebral histologic damage.\textsuperscript{5,6,7,8,9,10,11,12,13}

Decreasing blood glucose to subnormal values prior to cerebral ischemia apparently has no protective value. Siemkowicz and Hansen\textsuperscript{14} compared neurologic outcome with blood glucose in rats exposed to 10 min of complete cerebral ischemia. Control rats (blood glucose 141 \pm 8 mg \cdot dl\textsuperscript{-1}) had better neurologic outcomes than rats in which hyperglycemia was induced with ip injections of glucose (blood glucose 432 \pm 9 mg \cdot dl\textsuperscript{-1}). Outcome in rats made hypoglycemic with insulin injections (blood glucose 34 \pm 4 mg \cdot dl\textsuperscript{-1}) was intermediate between normoglycemic control rats and hyperglycemic rats. Furthermore, the ability of sugar administration to augment postschismic cerebral injury is apparently independent of the osmotic effect of the sugar load. Pulsinelli et al.\textsuperscript{9} demonstrated increased postschismic cerebral histologic damage in rats given glucose pretreatment when compared with rats given saline pretreatment. Rats pretreated with mannitol had postschismic cerebral injury similar to saline-pretreated rats, even though plasma osmolality was similar in mannitol- and glucose-pretreated groups.\textsuperscript{4}

There is controversy regarding the effects of postschismic sugar administration on postschismic neurologic outcome: some studies in rats show augmentation of neurologic injury,\textsuperscript{5,6,7,8,9} while other rat studies show no increase in injury.\textsuperscript{6,7,8,9} The significance of these findings regarding the effects of postschismic administration of dextrose on the ultimate neurologic outcome in our study and similar studies\textsuperscript{1,4,6,7,8,9} is unknown.

In the current study, preischemic dextrose infusion resulted in a significant increase in postschismic neurologic injury, even though blood glucose values immediately preischemia were not significantly greater in dextrose than lactated Ringer's solution-treated animals. This may reflect the fact that blood glucose values at ischemic onset may have underestimated the magnitude of brain glucose increases in dextrose-treated animals. Our data in four monkeys showed, as expected, that during periods of sugar infusion using volumes comparable to those used in neurologic outcome studies, there was an increase in blood glucose to 244 mg \cdot dl\textsuperscript{-1} accompanied by a concomitant increase in brain glucose. This increase in brain glucose is presumably due to facilitated diffusion in normal brain,\textsuperscript{27} and also may be influenced by disruption of the blood–brain barrier in brain-injured subjects (such as those used in our biopsy data). At the cessation of sugar infusions, insulin release produces a decline in blood glucose to near normoglycemic levels. This process had obviously begun, but was incomplete at ischemic onset in dextrose-treated monkeys, because their blood glucose values (181 \pm 19 mg \cdot dl\textsuperscript{-1}) were numerically larger than lactated Ringer's solution-treated subjects (140 \pm 6 mg \cdot dl\textsuperscript{-1}), but less than the peak blood glucose values measured in brain biopsy studies (244 \pm 25 mg \cdot dl\textsuperscript{-1}). As blood glucose concentrations decline, there is indirect evidence to suggest that the brain will not release excess glucose to the blood, but will instead absorb free water until brain and blood glucose concentrations equilibrate (rebound phenomenon).\textsuperscript{27,28} Thus, during periods of stable blood glucose values as would be expected in Group R, blood glucose values would accurately reflect brain glucose values. However, during periods of declining blood glucose values as would be expected following sugar infusion in Group D, brain glucose decreases would lag behind blood glucose decreases, and blood glucose values would slightly underestimate brain glucose values. Thus, the brain could be at increased risk for ischemic injury following sugar infusion, even though blood glucose values were not significantly elevated in sugar-treated subjects at the time of ischemia. This theory would explain our observation that dextrose treatments resulted in enhancement of postschismic injury, even though preschismic blood glucose values were not significantly higher in Group D than Group R (P = 0.07). If we assume that the decline in blood glucose following dextrose infusion occurred at similar rates in all monkeys, but was not complete at ischemic onset, and if we assume that the equilibration between brain and blood glucose occurred at sim-
ilar rates in all monkeys, then there should have been a large positive correlation between blood glucose rank and brain glucose rank, regardless of whether monkeys received dextrose or not. Thus, monkeys with lower blood glucose ranks would have lower brain glucose values at ischemic onset than monkeys with higher blood glucose ranks. This explanation would account for the high correlation between preischemia blood glucose rank and postischemic neurologic function rank (fig. 2).

In summary, the current study was designed to evaluate the effects that head position and dextrose administration would have on the severity and pattern of postischemic neurologic injury. Our results demonstrate that clinically relevant doses of 5% dextrose solution can augment postischemic neurologic injury, and this increase in injury is greatest in cerebral structures supplied by the posterior circulation. In contrast, altering head position to produce pooling of blood in areas of the brain that were dependent during the ischemic period did not influence either the severity or distribution of cerebral injury.

We conclude that administration of sugar-containing solutions and hyperglycemia should be avoided in all patients at risk for impending cerebral ischemia. We speculate that augmentation of postischemic cerebral injury by small increases in brain glucose may explain previous discrepancies in the literature regarding the efficacy of certain cerebral resuscitation regimens.

References