Pneumoencephalos after Inadvertent Intrathecal Air Injection during Epidural Block

YESHAYAHU KATZ, M.D., D.Sc.,* ROBERT MARKOVITS, M.D.,† BENO ROSENBERG, M.D.‡

The "loss-of-resistance" technique is routinely employed for identification of the epidural space. During performance of this test, air may be injected along the epidural needle tract and into the epidural space.1 We report a case in which a loss-of-resistance test used in the presence of unnoticed dural puncture resulted in a severe transient neurologic event. If a computerized tomographic (CT) brain scan had not been performed, the neurologic symptoms might have been attributed to another complication—prolonged neurotoxicity of bupivacaine hydrochloride following total spinal anesthesia—which also occurred during the administration of this epidural block.

CASE REPORT

A healthy, 25-yr-old primigravida was anesthetized with epidural block for cesarean section. Using a 16-G Tuohy needle, the epidural space was identified, after many attempts, by a loss-of-resistance test and subsequent repeated injections of air (total amount, approximately 20 ml) for further confirmation of needle localization. Sixteen milliliters of bupivacaine hydrochloride 0.5% with epinephrine 1:200,000 were slowly injected and were followed immediately by cessation of respiration and a decrease in blood pressure. After tracheal intubation, the patient's lungs were mechanically ventilated with 100% oxygen, 2,000 ml saline supplemented with 50 mg epinephrine were administered intravenously, and blood pressure rapidly increased to preanesthetic values. An infant with normal Apgar scores was delivered, after which anesthesia was maintained using 10 mg diazepam, 0.3 mg fentanyl, and a mixture of 66% N2O in oxygen. At the end of the operation, the patient was transferred to the recovery room, and mechanical ventilation was continued until the effects of the total spinal anesthesia were expected to subside. Four hours later, spontaneous breathing resumed and involuntary movement began. The patient, however, remained drowsy and stuporous. Since her condition did not improve over the following hours, she was referred to our hospital for neurologic evaluation.

A CT brain scan revealed a large subarachnoid air-filled cavity located mainly at the parieto frontal cerebral cortex region with an estimated volume of 25 ml. The ventricles were not displaced and appeared normal (fig. 1). The patient was admitted to the neurosurgical intensive care unit (ICU) for continuous monitoring. The next day, her neurologic status improved, and she was able to sit, talk, and move freely. A repeat CT scan did not show any residual air within the subarachnoid space, and the patient was discharged from the neurologic ICU on the third day postpartum.

DISCUSSION

The clinical symptoms presented by the patient could have been attributed, if not correctly diagnosed, to pro-
londed neurotoxicity caused by the subarachnoid injection of the local anesthetic. The incidence of this complication, however, is very rare. Moore and Bridenbaugh, in a study of 11,574 cases of spinal block, reported on two patients with sustained analgesia (36 and 48 h); one of the latter complained of muscular weakness of the lower extremities that persisted for 8 months. Lund, in a series of 10,000 cases, found that inadvertent spinal block with 2% hexylcaine hydrochloride resulted in residual partial paralysis of the leg in one patient, and Moore et al., in a study of 7,286 patients, also reported on one patient who had postoperative bilateral quadriceps paralysis.

It should be stressed, however, that in none of the aforementioned large-scale epidemiologic studies was bupivacaine hydrochloride used. In contrast, more recent publications that have addressed the issue of bupivacaine hydrochloride use for epidural anesthesia in labor have indicated that the incidence of delayed recovery from the neural blockade with this drug is significantly higher. A variety of causes, including hypotension, the addition of epinephrine in various dilutions, and the relatively tenacious tissue binding of bupivacaine hydrochloride, have been implicated for the resultant persistent neurobehavioral impairment. Such properties may pertain to the current case in which the presence of bupivacaine hydrochloride in the brain produced the unexpected and prolonged neurologic changes observed in this patient. The duration of symptoms per se is not indicative of the etiology of this event, since neurologic sequelae of tension pneumocephalus may last for days or weeks, as do those of local anesthetic neurotoxicity.

Before the era of CT scanning and nuclear magnetic resonance imaging, pneumoencephalography was commonly used to visualize intracranial lesions. To perform this test, a large volume (30–40 ml) of air was injected through a spinal needle after an equivalent amount of cerebrospinal fluid (CSF) had been evacuated. This procedure is generally free of side effects, but sometimes pneumoencephalograms may manifest symptoms and signs ranging from persistent headache through lethargy, confusion, and slow arousal, up to hemiparesis and hemiplegia. In the current case, preventive drainage of CSF obviously was not conducted before the inadvertent intrathecal injection of air, although the possibility exists that some of the CSF exited through the puncture in the dura. Moreover, the use of N₂O after switching to general anesthesia further complicated the situation. Saidman and Eger found an increase in CSF pressure in humans anesthetized with N₂O after injection of air into the lumbar subarachnoid space for pneumoencephalography. Thus, the increased pressure within the 25-ml air-filled cavity during the administration of N₂O worsened the

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intracranial cavity space-occupying effect, leading to the observed encephalopathy. This effect of N\textsubscript{2}O is short-lived due to rapid reabsorption on its discontinuation\textsuperscript{10,11}; however, the neurologic sequelae may persist for several days, as can be encountered not only in tension pneumoencephalos but also in bupivacaine hydrochloride toxicity.

In conclusion, the described complication emphasizes the caution with which the injection of air in the loss-of-resistance test should be implemented. If total spinal anesthesia occurs during the performance of epidural block and general anesthesia is required, the use of N\textsubscript{2}O should be avoided if air had been used as part of a loss-of-resistance test. The current case supports clinicians who recommend identifying the epidural space with a loss of resistance to saline rather than to air. Such a measure could avoid the potential for pneumoencephalos entirely.

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Tracheal Agenesis: Resuscitative Management

STEVEN M. MCDONALD, M.D.,* NANCY E. ORIOL, M.D.†

Complete tracheal agenesis is a very rare anomaly. This report describes the successful respiratory resuscitation of a newborn who was later discovered to have tracheal agenesis.

CASE REPORT

A 30-yr-old woman (gravida 6, para 1, spontaneous abortion 3) (G\textsubscript{3},P\textsubscript{3},S\textsubscript{A}b\textsubscript{2}) was scheduled for a repeat cesarean section at Boston’s Beth Israel Hospital. Ultrasound revealed a single pregnancy with mild polyhydramnios and a slightly small-for-gestational-age fetus. Cesarean section was performed under lumbar epidural anesthesia. Immediately on delivery, the neonate was noted to make respiratory efforts without an audible cry. These respiratory efforts ceased within seconds as the obstetrician suctioned a large quantity of fluid from the airway. As the anesthesiologist received the neonate, no spontaneous respirations were noted, so ventilation with positive pressure via bag and mask was attempted; however, no lung inflation was achieved. The 1-min Apgar score was 2 (+2 for heart rate). Direct laryngoscopy was performed, and a Neo-Vac\textsuperscript{®} (Concord Portex, Keene, NH) 3.0-mm suctioning device/endothoracic tube was placed through the vocal cords via direct vision. After removal of the stylet–suction catheter, attempted positive pressure ventilation via the endothrocathinal tube (ETT) was again unsuccessful. In light of the copious secretions, a decision was made to suction the ETT. The stylet–suction catheter was reinserted. Initially, there was resistance to advancement of the stylet–suction catheter, but it suddenly decreased, allowing full insertion of the catheter. After repeat suctioning, a third attempt at positive pressure ventilation via the ETT was again unsuccessful. The ETT was then withdrawn 0.5 cm, enabling apparently normal ventilation of the lungs. It was assumed that the ETT had been placed in the right main stem bronchus and the repositioning had allowed ventilation. Breath sounds were now equal bilaterally, although rhonchi were present throughout both lung fields.

After ventilation for 3 min, the 5-min Apgar score was 8 (−1 for