Severe Hypoxia Enhances Central Nervous System and Cardiovascular Toxicity of Bupivacaine in Lightly Anesthetized Pigs

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Toxic systemic reactions to bupivacaine usually involve a number of factors, including hypoxia and acidosis. The objective of this study was to test the hypothesis that cardiovascular and central nervous system responses to bupivacaine overdose are proportional to the severity of hypoxia. The central nervous system and cardiovascular toxicity of bupivacaine was examined in three groups of pigs breathing 30%, 15%, or 10% O2, 70% N2, and He (FiO2 = 0.15 and 0.1 groups). The 18 2-week-old pigs (6 animals per treatment) were paralyzed with pancuronium and their lungs ventilated mechanically. During the intravenous infusion of bupivacaine 2 mg·kg−1·min−1, four readily identified toxic endpoints (seizures, arrhythmias, isoelectric electroencephalogram, asystole) were observed in all animals, with the exception that 1 pig in the FiO2 = 0.3 group and 1 in the FiO2 = 0.15 group had no arrhythmias. Bupivacaine doses producing seizures, isoelectric EEG, and asystole were significantly less in the FiO2 = 0.1 groups as compared to the other groups. Arrhythmias occurred before seizures in all animals in the FiO2 = 0.1 group but in only 1 of 5 and 2 of 5 animals in the FiO2 = 0.15 and 0.3 groups, respectively. There was no significant difference between the arrhythmic dose of bupivacaine in the FiO2 = 0.3 versus 0.1 animals (8.4 ± 2.4 vs. 4.0 ± 1.4 mg·kg−1·h−1), but the dose was significantly less in the FiO2 = 0.1 animals than in the FiO2 = 0.15 animals (12.5 ± 5.6 mg·kg−1·h−1). Arterial pH was stable in all three groups during bupivacaine infusion. PBb decreased in all three groups, and PaCO2 increased in the FiO2 = 0.15 and 0.1 groups. As bupivacaine infusion increased, heart rate in all groups decreased (significant change over time), and the rate of decrease was significantly different (FiO2 = 0.1 > FiO2 = 0.15 > FiO2 = 0.3). In the FiO2 = 0.3 group, mean blood pressure first increased and then decreased as bupivacaine infusion increased (significant rate of change, FiO2 = 0.1 > FiO2 = 0.3 > FiO2 = 0.15). These results apparently contradict in vitro findings that neither hypoxia nor acidosis alone potentiates bupivacaine cardiotoxicity but that together they do. However, metabolic as well as respiratory acidosis plus hypoxia probably was present at the cellular level in severely hypoxic pigs. We conclude that severe (PaO2 < 40 mmHg) but not borderline moderate (PaO2 40–62 mmHg) hypoxia increases the likelihood that bupivacaine will induce arrhythmias before seizures, and enhances the central nervous system and cardiovascular toxicity of bupivacaine. (Key words: Anesthesiology, local: bupivacaine. Toxicity: local anesthetic. Hypoxia. Central nervous system: isoelectric EEG; seizures. Cardiovascular system: arrhythmias; asystole.

SIDE EFFECTS of local anesthetic indicating toxicity include cardiac arrhythmias and grand mal seizures. Data from animals and humans indicate that bupivacaine-induced convulsions are accompanied by hypoxia, hypercapnia, and acidosis. Rosen et al. demonstrated in sheep that hypercapnia, acidosis, and hypoxia enhance bupivacaine cardiotoxicity. In vitro, neither hypoxia nor metabolic or respiratory acidosis alone enhanced atrial depression caused by local anesthetics, whereas conditions simulating combined hypoxia, acidosis greatly enhanced bupivacaine-induced cardiac depression. In vitro, however, compensatory responses to hypoxia (e.g., central sympathetic stimulation) coupled with centrally mediated effects of bupivacaine on heart rhythm may influence cardiovascular responses to intravenously administered bupivacaine. Moreover, we hypothesize that the severity (and possibly the nature) of the central nervous system and cardiovascular responses to bupivacaine overdose is proportional to the degree of hypoxia. To test this possibility, we compared the threshold doses of bupivacaine required to produce arrhythmias, seizures, isoelectric electroencephalogram (EEG), and asystole in young pigs, the lungs of which were ventilated with an FiO2 of 0.3, 0.15, or 0.1.

Materials and Methods

After Animal Care and Use Committee approval, we studied 20 2-week-old, farm-bred pigs weighing 5.2 ± 1.08 kg. The pigs were transported from the farm to the laboratory and studied the same day. Anesthesia was induced using halothane by face mask, and a tracheal tube was inserted via tracheostomy. Ventilation was maintained with a Siemens-Elema 900D ventilator. End-tidal CO2, sampled from the distal end of the tracheal tube, was

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measured with a Caviltron infrared CO₂ analyzer. Using end-tidal CO₂ as a guide, we adjusted ventilation as needed to maintain arterial CO₂ (PaCO₂) near 35 mmHg during the control period. Electrocardiogram (ECG) leads I, II, and modified V1 and frontooccipital EEG were recorded continuously on a strip chart. Body temperature was measured rectally and maintained between 36°C and 38°C using a heating pad.

During surgical procedures, anesthesia was maintained using 1.5–2% inspired halothane concentration. Surgical preparation included: 1) insertion of a catheter into the right femoral artery to monitor arterial blood pressure and to sample blood for gas analysis; 2) insertion of a catheter into the right femoral vein to measure plasma bupivacaine concentrations; and 3) insertion of a catheter into the abdominal vena cava near the diaphragm via the left femoral vein for bupivacaine infusion.

When surgical preparation was completed, halothane was discontinued, and all pigs were given 25 ml kg⁻¹ lactated Ringer’s solution and 0.1 mg kg⁻¹ pancuronium intravenously. Neuromuscular blockade was maintained as needed with additional pancuronium so that recorded seizure activity on the EEG was accompanied by slight twitching of the extremities. Pancuronium produced a transient increase in heart rate and blood pressure followed in some cases by a transient decrease in blood pressure. Pigs were divided into three treatment groups (six per group) and an hypoxia control group (HCG; n = 2). The fraction of O₂ (FiO₂) in the inspired gas mixture for group A was maintained at 0.3 (70% N₂O/30% O₂) for 30 min to allow stabilization before the infusion phase of the experiment (see below) was begun. FiO₂ was maintained at 0.3 for 15 min in groups B, C, and HCG and then reduced to 0.15 (70% N₂O, 15% O₂, 15% He) in group B and to 0.1 (70% N₂O, 10% O₂, 20% He) in groups C and HCG. Fifteen minutes later, bupivacaine (or saline, in group HCG) infusion was started. In all groups, baseline blood gas samples were drawn before bupivacaine or saline infusion was begun.

During the infusion phase, all pigs were maintained at their respective FiO₂ while bupivacaine (or saline, in group HCG) was infused continuously at 1 mg kg⁻¹ min⁻¹ with an infusion pump. Saline infusion in HCG pigs was set at the rate fluid would be given during bupivacaine administration. Threshold doses of bupivacaine were recorded for each of four events: 1) first dysrhythmia, 2) first seizure, 3) isoelectric EEG, and 4) asystole. Saline infusion was continued for 30 min in the HCG; then anesthesia was deepened (4% halothane), and the animals were killed with an intravenous bolus of saturated KCl. Dysrhythmia was defined as an abrupt change in rhythm and electrical signal configuration on the ECG, accompanied by an abrupt change in arterial pulse pressure. Seizure was defined as the appearance of epileptiform activity on the EEG. Asystole was defined as absence of a QRS complex on the ECG and absence of a pressure pulse on the arterial blood pressure trace.

Every 5 min during the infusion, an arterial blood sample (0.3 ml) was drawn to measure pH, PaCO₂, and PaO₂ and a venous blood sample (0.5 ml) was drawn to measure bupivacaine concentration. Plasma bupivacaine concentrations were determined by high-performance liquid chromatography (ultraviolet detection at 210 nm; sensitivity < 0.1 μg ml⁻¹; coefficient of variation at 10 μg ml⁻¹ < 3%). End-tidal CO₂, EEG, ECG, rectal temperature, and arterial blood pressure and O₂ saturation were recorded continuously.

Results were expressed as mean ± standard deviation. Statistical significance was accepted if P ≤ 0.5. One way analysis of variance and the Student-Newman-Keuls test were used to compare the differences among the groups for plasma concentrations and threshold doses of bupivacaine, baseline values for mean blood pressure, heart rate, and arterial blood gas tensions, and differences within groups for threshold doses of bupivacaine. Chi-square proportional analysis was used to test for significant differences between groups with respect to the occurrence of arrhythmias before seizures. Multiple analysis of variance and exact F test statistics were used to compare heart rate, blood pressure, PaCO₂, base excess, PaO₂, HCO₃⁻, and pH changes versus time for the three treatment groups.

**Results**

**Blood Gas Data**

PaCO₂ values for the three bupivacaine treatment groups of animals were not significantly different just prior to bupivacaine infusion (table 1), but PaO₂ values were different, as expected. Base deficit was significantly greater in the FiO₂ = 0.1 group compared to the FiO₂ = 0.15 but not compared to the FiO₂ = 0.3 group. Although arterial pH was significantly less in the FiO₂ = 0.1 group as compared to the FiO₂ = 0.15 group, the difference was only 0.06 pH units, and pH values were in normal range. Arterial pH before and after the FiO₂ was decreased to target level for the FiO₂ = 0.15 and 0.1 groups were similar (FiO₂ = 0.15, 7.44 vs. 7.48; FiO₂ = 0.1, 7.44 vs. 7.42). Blood gas values for the FiO₂ = 0.1 and HCG pigs before infusion was started were similar (table 1).

During bupivacaine infusion, arterial pH remained in a relatively narrow range for the treatment groups (table 1). PaCO₂ decreased (significant change over time) in all three groups but not at a significantly different rate. PaO₂ increased in the FiO₂ = 0.15 and 0.1 groups at significantly different rates (FiO₂ = 0.1 < FiO₂ ± 0.15). The pH of the saline control group progressively decreased during the 30-min infusion period (pHₐ = 7.41 at time 0
and 7.28 at 30 min). $P_aCO_2$ and $P_aO_2$ in the two animals in this group remained in a narrow range, whereas HCO$_3^-$ decreased and base excess became progressively more negative during saline infusion. Calculated HCO$_3^-$ and base excess did not vary in the $F_IOC_2 = 0.3$ treatment group for the duration of the study, whereas values for the $F_IOC_2 = 0.15$ group decreased after 25 min. In contrast, the HCO$_3^-$ and base excess values decreased as bupivacaine infusion time increased in the $F_IOC_2 = 0.1$ group. The differences in base excess values, but not HCO$_3^-$ values, versus time for the three groups were significantly different.

**HEART RATE AND BLOOD PRESSURE**

Heart rate before bupivacaine infusion began was significantly higher in animals whose lungs were ventilated with $F_IOC_2 = 0.15$ or 0.1 as compared to animals whose lungs were ventilated with $F_IOC_2 = 0.3$ (fig. 1). Conversely, mean blood pressures in the three groups of animals were not different before the start of bupivacaine (fig. 2).

As bupivacaine infusion time increased, heart rate in all groups decreased (significant change over time), and the rate of decrease was significantly different ($F_IOC_2 = 0.1 \gg F_IOC_2 = 0.15 > F_IOC_2 = 0.3$). In the $F_IOC_2 = 0.3$ group, mean blood pressure first increased and then decreased (fig. 2). In the other two groups, blood pressure decreased as bupivacaine infusion time increased. The rate of change

![Graph showing heart rate and blood pressure over time](http://anesthesiology.pubs.asahq.org/pdfaccess.ashx?url=/data/journals/jasa/931328/)
over time was significant and different according to group ($FIO_2 = 0.1 > FIO_2 = 0.3 > FIO_2 = 0.15$).

Mean blood pressure and heart rate in the saline group were similar to those of the $FIO_2 = 0.1$ group just before infusion was started. Blood pressure and heart rate in the saline controls remained in a narrow range during saline infusion.

**TOXIC ENDPOINTS**

No seizures or arrhythmias were observed in the stabilization period prior to bupivacaine administration. No seizures were observed in the saline control group, and one or two junctional beats were observed between 21 and 23 min after saline infusion started.

All four toxic endpoints (seizure, arrhythmia, isoelectric electroencephalogram, asystole) were observed in all animals, with the exception that one pig in the $FIO_2 = 0.3$ group and one in the $FIO_2 = 0.15$ group had no dysrhythmia. Doses of bupivacaine required to produce toxic endpoints were not significantly different for the $FIO_2 = 0.3$ and 0.15 groups (fig. 3). On the other hand, the doses of bupivacaine producing seizures, isoelectric electroencephalogram, and asystole were significantly less in the $FIO_2 = 0.1$ group as compared to the other two groups. The average dysrhythmia dose for the $FIO_2 = 0.1$ group was significantly less than it was for the $FIO_2 = 0.15$ group but not as compared to the dose for the $FIO_2 = 0.3$ group. No readily discernible differences in seizure pattern or type of arrhythmias were detected when records for the three treatment groups were compared. However, two of five of the $FIO_2 = 0.3$ animals had dysrhythmias before seizures, as did one of five animals in the $FIO_2 = 0.15$ group, whereas all animals in the $FIO_2 = 0.1$ group had dysrhythmias before seizures. The difference between the frequency with which arrhythmias occurred before sei-

**VENOUS BUPIVACAINE CONCENTRATION**

Venous plasma concentrations of bupivacaine did not differ significantly between groups for the sample times where comparable data were available (fig. 4; samples for all animals in all groups were available for up to 15 min; no animals in the $FIO_2 = 0.1$ group survived for 25 min; and no bupivacaine blood concentration values are available beyond 20 min for any animals in this group).

**Discussion**

Results of this study show that the doses of bupivacaine producing seizures, isoelectric EEG, and asystole are less,
and the likelihood of arrhythmias occurring before seizures is greater, in severely hypoxic pigs than in moderately hypoxic or slightly hyperoxic pigs. For purposes of this discussion, hypoxia is defined using criteria applied to humans breathing room air (mild = $\text{P}_{\text{A}}\text{O}_{2} < 80$ mmHg; moderate = $\text{P}_{\text{A}}\text{O}_{2} < 60$ mmHg; and severe = $\text{P}_{\text{A}}\text{O}_{2} < 40$ mmHg).7

Given that the plasma concentration of bupivacaine at each sampling time did not differ significantly among treatment groups, the pharmacokinetic behavior of bupivacaine in the different groups apparently was similar. Therefore, we concluded that differences in doses of bupivacaine required to produce toxic endpoints in the different groups of animals reflect pharmacodynamic and not pharmacokinetic differences. Our results appear to contradict results of in vitro studies showing that neither hypoxia nor acidosis alone enhances bupivacaine cardiotoxicity but that together they do.8 However, blood gas data and hemodynamic changes during bupivacaine infusion suggests that, at the cellular level, both hypoxia and acidosis probably were present. If so, there is no dichotomy between our in vivo and the in vitro data. The blood gas data reveal a progressive alkalosis (decreasing $\text{P}_{\text{ACO}}$) offset by a metabolic acidosis. Because tidal volume and respiratory rate were kept constant, reasons for the decrease in $\text{P}_{\text{ACO}}$, other than ventilatory changes, must be considered. We hypothesize that the decrease in $\text{P}_{\text{ACO}}$ was due at least in part to reduced perfusion and hence less extraction of CO$_2$ from tissues. Reduced tissue blood flow would allow CO$_2$ and lactate to accumulate and would further decrease the delivery of O$_2$, producing respiratory and metabolic acidosis plus marked hypoxia at the cellular level. From a clinical perspective, these data suggest that hypercapnia associated with respiratory depression would increase the magnitude of acidosis produced by hypoxia and thereby add to the effects of hypoxia on bupivacaine toxicity. The increases in $\text{P}_{\text{ACO}}$ we observed probably were due at least in part to a decrease in alveolar CO$_2$ offset by an increase in alveolar O$_2$. Our conclusions regarding pH$_2$ and the changes in $\text{P}_{\text{ACO}}$ and $\text{P}_{\text{AO}}$ are supported by the data from our small control group. In that group, blood pressure, $\text{P}_{\text{AO}}$, and $\text{P}_{\text{CO}}$ remained stable over time, but pH$_2$ gradually decreased.

A relative tachycardia in the hypoxic groups before bupivacaine infusion began indicates sympathetic activation. By contrast, the more rapid decrease in heart rate and blood pressure in the $\text{F}_{\text{IO}} = 0.1$ animals as compared to the others indicates synergistic depressant effects of severe hypoxia and bupivacaine on the sinoatrial node as well as the contractile elements of the ventricles and resistance blood vessels.

There is reason to expect synergism between hypoxia and bupivacaine in the production of ventricular arrhythmias since both hypoxia and bupivacaine have been shown to be arrhythmogenic. However, hypoxia and bupivacaine have opposing electrophysiologic effects on heart tissue. In vivo, hypoxia plus metabolic blockade produce marked shortening of cardiac action potentials9 and bupivacaine prolongs them.9

The spectrum of cardiac arrhythmias we observed indicate that under conditions of the study, the bundle conduction system is more sensitive than other parts of the heart to bupivacaine. However, it is interesting that asystole was usually preceded by sinus bradycardia, with relatively normal-appearing P, QRS, and T waves. Asystole usually consisted of sinus arrest or ventricular arrest followed by a short period during which only P waves were present. Apparently, hypoxia and bupivacaine depressed the electrical properties of the entire heart prior to asystole, but in some cases the most resilient part was the sinus node.

Human case reports and many animal studies have demonstrated that bupivacaine produces ventricular fibrillation (VF). However, this is not always the case. For instance, Feldman et al.10 demonstrated that only two of six unpremedicated dogs developed VF after intravenous injection of two times the convulsant dose of bupivacaine, followed by resuscitation measures as soon as signs of systemic toxicity were observed. (No dogs given the convulsant dose developed VF.) Apparently, four of the dogs either were not predisposed to have VF, or injection of thiamyl and the initiation of respiratory support were adequate to prevent VF. Perhaps it is because ventilation was controlled and because the pigs were only lightly anesthetized during the bupivacaine injection that they did not develop VF. The relative importance of the light N$_2$O anesthesia versus controlled ventilation, if any, in preventing VF is unknown. While unproven, we believe a number of factors (e.g., heart rate, level of consciousness,
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level of sympathetic activity, rate of bupivacaine injection, acid–base status) acting together determine whether or not bupivacaine produces VF. The initial point at which we saw 2:1 atrioventricular block in our study presents a potentially important opportunity for ventricular cells (especially those with an increased level of automaticity) to gain control over heart rate and rhythm.

The decreased seizure threshold seen in the severely hypoxic animals is consistent with our interpretation of the acid–base status of these animals (tissue hypoxia and acidosis) and with others’ reports regarding the effects of acid–base changes on local anesthetic seizure thresholds. According to de Jong, both metabolic and respiratory acidosis decrease local anesthetic seizure thresholds.11

Mechanical ventilation, administration of a neuromuscular blocking agent with vagolytic activity, light anesthesia, and age are known or suspected to affect systemic responses to bupivacaine overdose and must be considered when interpreting the outcome of our study. However, the conclusion that severe tissue hypoxia and acidosis enhance the cardiovascular and central nervous system toxicity of bupivacaine is consistent with results of animal experiments and clinical studies regarding toxic responses of humans to bupivacaine.

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