Coronary Artery Spasm during Initiation of Epidural Anesthesia

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Coronary artery spasm (CAS) can induce angina in patients with or without a history of coronary artery disease. CAS is presumably the underlying cause of unstable or Prinzmetal angina, which if left untreated, can result in myocardial infarction and death.1 Perioperative CAS with characteristic changes on electrocardiogram has been reported in patients with1–7 or without8,9 a history of coronary artery disease undergoing general or regional anesthesia. We describe a patient who experienced angina and electrocardiographic changes during initiation of epidural anesthesia. This case is unique in that the events occurred before surgical stimulation in a patient without coronary artery disease. These findings strongly support the idea that epidural anesthesia can contribute to CAS in the absence of preexisting coronary artery disease.

Case Report

A 60-yr-old, 72-kg, 132-cm woman was scheduled for an exploratory laparotomy and total abdominal hysterectomy secondary to a cystic adnexal mass. Her medical history was significant for remote tobacco use (35 yr previously), childbirth, Crohn disease, and a recent diagnosis of borderline hypertension. Her surgical history was significant for proctectomy, colectomy, ileostomy, and caesarian section. She had no history of allergies or cardiovascular symptoms. Physical examination and laboratory data were unremarkable. Chest radiography and electrocardiography were unremarkable.

On the day of surgery, her vital signs were as follows: heart rate of 66 beats/min, respiratory rate of 16 breaths/min, temperature of 36.7°C, and 100% oxygen saturation measured by pulse oximetry on room air. A blood pressure measurement of 184/95 mmHg was obtained, with a repeat reading of 127/65 mmHg. Preoperative fasting status was verified, and consent was obtained for placement of an epidural catheter. The epidural catheter was placed in the holding area per institutional routine. The patient was sitting with pulse oximetry, five-lead electrocardiography, and blood pressure monitoring. Her back was prepared with iodine, and her skin was anesthetized with 5 ml 1% lidocaine; a 17-gauge Tuohy needle was inserted by the loss of resistance technique at the T11–T12 interspace. A 20-gauge single orifice catheter was threaded 5 cm into the epidural space. After a negative aspiration test, 3 ml 2% lidocaine with 1:200,000 epinephrine was injected with no changes in heart rate or sensory block.

In the operating room, she was transferred to the operating table, placed on monitors, provided oxygen by facemask (8 l/min), and administered 1 mg midazolam intravenously for sedation. Initial vital signs were heart rate of 82 beats/min and blood pressure of 135/79 mmHg. Once the patient was supine, 5 ml 0.75% bupivacaine with 1:200,000 epinephrine was administered incrementally through the epidural catheter. Fifteen minutes after completion of dosing (total of 18 ml), the patient began complaining of left-sided jaw pain and a 2.7-mm ST segment depression was noted in leads II and V5 (fig. 1). The sensory block was T6. Blood pressure (120/60 mmHg) and heart rate (80 beats/min) were stable during this time. The surgeon was notified and the procedure cancelled. Pain subsided with administration of intravenous morphine (1 mg). A 12-lead electrocardiogram, obtained in the postanesthesia care unit, showed sinus rhythm and ST segment depression in leads II, III, AVF, and V5. Sensory level peaked by pinprick at T2. The patient chewed a 525-mg aspirin tablet, and nitroglycerin was infused intravenously at 0.25 µg .·kg .·min .−1. After 15 min, blood pressure was 95/50 mmHg and phenylephrine was started intravenously at 0.5 µg .·kg .·min .−1. The blood pressure returned to the baseline value (122/55 mmHg). ST segment changes resolved with the aforementioned therapy after 30 min (fig. 1). Sensory block regressed over 2 h, and the catheter was removed.

The patient was transferred to the cardiac care unit. Laboratory data after the event were as follows: troponin I, 10.48 ng/ml (reference range, 0.03–0.15 ng/ml); MB (isoenzyme of creatine kinase [CK] containing M and B subunits) fraction 33 µg/l (reference range, 0–7 µg/l); and CK-MB/total CK index, 11% (reference range, 0–3%). After 8 h, enzyme levels were obtained. troponin I, 0.24 ng/ml; MB fraction, 19 µg/l; and CK-MB/total CK index, 7%. Based on electrocardiographic changes, troponin levels, and CK-MB fractions, the patient was diagnosed with a non-Q-wave myocardial infarction. Coronary angiography on the following day was unremarkable, and a presumptive diagnosis of CAS was made. The ECG tracing normalized, except for inverted T waves in the lateral leads, and the patient was discharged from the hospital with a prescription for 30 mg oral nifedipine per day. One week later, the patient underwent surgery under general anesthesia without problems. The patient was monitored in the intensive care unit for 24 h. Her hospital course to time of discharge was uneventful.

Discussion

Coronary artery spasm can cause angina and myocardial ischemia in the absence or presence of fixed coronary artery disease, and it is a rare complication of general and regional anesthesia. The first reports in the anesthesia literature concerning unstable angina involved patients with coronary artery disease emerging from general anesthesia.5,10 Additional reports1,2,4,5,7–9 followed in patients with coronary artery disease undergoing cardiac or noncardiac procedures. Krantz et al.9 first reported CAS in the setting of regional anesthesia. However, the contribution of the epidural anesthetic to the onset of CAS was difficult to interpret because of ongoing surgical stimulation and fixed coronary stenosis. Thus, it is possible that regional anesthesia played a limited role in early reports and that catecholamine surges during or after surgery may have produced myocardial ischemia by vasoconstricting areas around a preexisting stenosis.
In summary, we present a case of variant angina at the initiation of epidural anesthesia. Our patient developed transient jaw pain, ST segment increase, increased cardiac enzymes, and non-Q-wave myocardial infarction. She did not experience chest pain, perhaps because the sensory block was effective. She subsequently was treated with nifedipine and underwent a successful operation under general anesthesia with no further episodes of CAS. This case reinforces the need for close monitoring during the initiation and regression of regional anesthesia for signs and symptoms of sensory and neurologic changes, rhythm disturbances, and myocardial ischemia, even in patients without fixed coronary artery disease.

References

Bilateral Cannulation of Internal Jugular Veins May Worsen Intracranial Hypertension

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PATIENTS with intracranial hypertension frequently require central venous catheterization. When intracranial elastance is normal, venous drainage from the brain is not usually impaired by jugular bulb cannulation, and even during bilateral cannulation, no increase in intracranial pressure (ICP) has been reported. However, when intracerebral compensatory mechanisms are exhausted, large-caliber catheters in the jugular veins may critically restrict venous outflow and cause a substantial increase in ICP.

We describe a patient with intracranial hypertension managed with aggressive medical treatment. We believe that in this patient, a reduction of cerebral venous drainage from bilateral cannulation of the internal jugular vein was probably the cause of an additional severe increase in ICP.

Case Report

A 22-year-old woman with a weight of 55 kg and height of 172 cm was admitted to the neurosurgical intensive care unit after suffering a head injury in a traffic accident. At admission, the Glasgow Coma Score was 8, and the computed tomography scan showed a fracture of the left petrous ridge, a small left temporal laceration, and bifrontal contusions. A subdural catheter was placed, and ICP and mean arterial pressure were continuously recorded and stored through an analog-digital converter in a computer for analysis.

Intracranial hypertension was present from the beginning (opening pressure, 30 mmHg) and was associated with desaturation of the jugular blood (jugular hemoglobin oxygen saturation, 44%; arteriojugular O₂ difference, 7.6 ml/dl). Desaturation was corrected by reducing the cerebral metabolic demand by using propofol and fentanyl and increasing the arterial oxygen content with erythrocyte transfusion, aiming at keeping the hemoglobin level in the range of 9–10 g/dl.

Intracranial hypertension was treated according to published guidelines. Because the usual steps failed to control it, barbiturate coma was started. Noradrenaline infusion was necessary to keep a cerebral perfusion pressure above the threshold of 60 mmHg. It is our policy to insert a Swan–Ganz catheter in all patients who require barbiturate coma and vasopressor infusion. Because a 16-gauge catheter (Arrow International, Inc., Reading, PA) had already been retrogradely placed with the tip in the bulb of the right internal jugular vein for jugular hemoglobin oxygen saturation measurement, an 8-French introducer (Arrow International, Inc.) for the Swan–Ganz catheter was inserted in the left internal jugular vein. The patient was paralyzed, and her head and torso were placed in a flat position. The ICP and mean arterial pressure transducers, zeroed at the external meatus, followed the body position change, so that the recording continued with reliable data. The ICP increased during the maneuver and manual hyperventilation was necessary.

The head was slightly rotated for easier anatomic reference, and the left internal jugular vein punctured without problems. At the end of the cannulation, with the head and neck in a neutral position, the ICP increased to 50 mmHg. All possible causes (e.g., malpositioning of the head, pneumothorax, respiratory changes, Pao₂ and PacO₂ changes, pain, hyperthermia, seizures, and rapid changes in blood pressure) were excluded. We suspected that simultaneous cannulation of the two internal jugular veins, especially with a second large-bore catheter, might have critically reduced cerebral venous drainage. Leaving the Swan–Ganz catheter in place, we withdrew the introducer from the vein; the ICP suddenly decreased to previous values (fig. 1). No other therapeutic maneuvers were active at that moment, so a clear cause-effect relationship was identified.

Barbiturate coma controlled the ICP, and the subsequent clinical course was unremarkable. At discharge from the intensive care unit, the patient could obey simple orders; after 6 months, she had achieved a good recovery.

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Discussion

Although the intensive care unit is meant to provide a safe environment, many maneuvers are risky. Central vein cannulation involves a risk of pneumothorax. Cannulation of the internal jugular vein toward the medias- tinum is routinely preferred because it is not associated with any greater risk than subclavian cannulation and is widely used for Swan–Ganz catheter insertion.

Venous drainage from the intracranial cavity is mainly through the jugular veins. Severe reduction of their lumens therefore may impair venous outflow and cause intracranial blood volume to increase. Compression of the jugular vein is, in fact, recognized as a potential cause of intracranial hypertension.

Any increase in intracranial volume will be reflected in ICP, depending on the capacity of compensatory mechanisms. Although we did not measure intracranial elas- tance, we can reasonably assume that this patient was at a steep point in her pressure–volume curve. ICP was greatly increased because of voluminous bifrontal con- tusions, and her basal cisterns were not visible on the computed tomography scan. At this critical point, even a slight increase in cerebral volume may cause a substan- tial increase in ICP. However, restoration of the venous drainage rapidly decreased it.

In the literature, we found no reports that ICP may be significantly affected by central vein cannulation, even when bilateral retrograde cannulation of the jugular veins is performed.

In cases with bilateral cannulation, however, the diameters of the catheters were always smaller than the introducer used in this case. When ICP is high and limited buffer capacity of the intracranial system is sus-pected, maneuvers causing any additional increase in the intracranial volume, such as bilateral cannulation of the internal jugular veins with large-bore catheters, should be avoided.

References

Cerebrospinal Fluid Drainage Duration after Thoracoabdominal Aortic Aneurysm Repair

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THE first successful resection of a descending aortic aneurysm was performed by Lam and Aram in 1951, which was also the first reported complication of partial paraplegia after thoracic aneurysm repair.1 Since then, investigators have been encouraged to explore adjuncts to attempt to lower the risk for spinal cord ischemia, which varies between 3% and 26%.2

Cerebrospinal fluid drainage (CSFD) first implemented in 1988 is an often used adjunct for thoracoabdominal aortic aneurysm repair (TAAA) repair that restores blood flow in an edema-compromised spinal cord.1,3–6 Although the improvements in operative technique such as sequential aortic clamping and left heart bypass have led to a reduction of immediate neurologic deficit, the mechanism that causes delayed deficits still remains to be elucidated.

Herein, we report two cases of complete reversal of delayed onset of paraplegia with the immediate resumption of CSFD after TAAA repair. The findings in our case report further support the evidence for immediate initiation of CSFD therapy in delayed neurologic deficits occurring after TAAA surgery.

Case Reports

Case 1

A 60-year-old woman underwent elective surgery for a Crawford extent II aneurysm in March 2002 after a replacement of the ascending thoracic aorta was accomplished in January 2002. Beyond a history of hypertension, no other co-morbidities were present. Standard intraoperative management included distal aortic perfusion with left heart bypass (left heart bypass time: 52 min); visceral perfusion of the celiac trunk and the superior and inferior mesenteric arteries as well as both renal arteries (perfusion time: 36 min); and CSFD. The operative technique is described in detail elsewhere.7 A CSFD (Cordis lumbar drain kit; Cordis, Miami, FL) was implemented between L3 and L4 by introducing a 14-gauge Tuohy needle in the intervertebral space until free-flow of liquid from the needle was achieved. Thereafter, the catheter was adjusted to maintain cerebrospinal fluid (CSF) pressure at 10 mmHg. During operation (duration 360 min), 400 ml of fluid were drained. After an uneventful intraoperative course, the patient was transferred to the intensive care unit in a hemodynamic stable condition. No difficulties were encountered on awakening from sedation, and extubation was performed on postoperative day 1. Aside from delirium, the patient was in a stable condition. However, after 48 hours and a 250 ml drainage amount, the CSF drain was accidentally removed. Because the protocol in our department recommends duration of CSFD between 48 and 72 hours, no reinsertion of a new CSFD was attempted. One hour after removal, the patient reported weakness of the lower extremity. Neurologic status was assessed by scoring the deficit as described by Crawford et al.8 Two hours later, the patient was unable to move her legs (score 0). A new CSFD was subsequently inserted. Liquid pressure after insertion was 20 mmHg, and 150 ml of fluid were drained to adjust the target pressure to 10 mmHg. No additional pharmacologic therapy was administered. There were no significant changes in systolic blood pressure before or during the period of neurologic deficit, with average systolic values between 120 and 150 mmHg. During the next 8 hours, the patient was again able to move her legs (score 1). The CSFD was removed after 72 hours, and the total drained volume was 610 ml. At this time, the patient had a score of 2. Complete motor function was regained during the next 2 weeks, and she could be discharged with minimal residual deficit (score 5).

Case 2

A 69-year-old woman with chronic renal insufficiency who was otherwise healthy was admitted for TAAA repair for a Crawford extent I aneurysm with a maximum diameter of 9 cm. She successfully underwent surgery on April 2002 (left heart bypass time: 45 min; visceral perfusion time: 19 min). A CSFD (Cordis lumbar drain; Cordis) was initiated preoperatively and was allowed to drain by gravity whenever the liquid pressure exceeds 10 mmHg. During the operation (duration: 300 min) 306 ml was drained. The patient was extubated 8 hours after surgery and was transferred to the ward on postoperative day 2. After 72 hours, the CSF catheter was removed, and the total drained volume was 550 ml. Two hours thereafter, the patient reported first signs of bilateral lower extremity weakness (score 2) and exhibited full paraparesis during the next 4 hours (score 0) until CSFD therapy was resumed with insertion of a new CSFD. Slight fluctuations in systolic blood pressure were noted before the onset of the neurologic deficit. However, systolic blood pressure was maintained above 130 mmHg. At 1 hour after reinsertion of the CSF catheter, slight improvements were noted by the patient (score 1). She was able to move her legs and could raise them after 24 hours. The drainage was left in place for 96 hours, during which 800 ml of liquid were drained. Standing up (score 3) was possible after removal of the CSF catheter after 4 days. She was discharged after 54 days with a score of 5 and showed no remaining deficits at a follow-up visit 4 months after surgery.

Discussion

The technique of CSFD was introduced by Miyamoto et al. in 1960 with experiments of spinal cord protection in dogs. However, the use of CSFD remained dormant until 1988 when McCullough and Hollier revived it.5,5 The effect of CSFD is based on the hypothesis that lowering CSF pressure increases spinal cord pressure
and therefore ensures spinal cord perfusion. By draining excess liquid, spinal cord compression is released and perfusion is enhanced. Furthermore, through the use of distal aortic perfusion, the distal aortic pressure is elevated and further increases spinal cord perfusion.9–11

The consensus regarding the target CSF pressure is that it should not exceed 10 mmHg.9

Although several studies advocate the use of CSFD, none provides recommendations regarding the duration of CSFD. After intensive literature review, we found durations between 40 hours12 and 120 hours,13 with 72 hours as the most common.6–9,11–17

Immediate reinsertion of a CSFD after recognition of delayed neurologic deficit is an established treatment method with acceptable success rates.15,18,19 Safi et al. reviewed their experience in managing patients with delayed neurologic deficit after TAAA repair.18 A spinal cord compartment syndrome triggered by unstable blood pressure and increased CSF pressure possibly caused by spinal cord edema is suggested as the primary reason for the development of delayed neurologic deficit.19

However, the possibility of epidural hematoma formation has also been considered in a patient with new onset of paraparesis after TAAA repair. Brain computed tomography is recommended for identifying this rare but serious complication that necessitates neurosurgical intervention.20

The present cases and those in the literature15,18,19 indicate that 72 hours is too short to effectively prevent the development of delayed neurologic deficit, because increased CSF pressure to reperfusion edema persists for more than 72 hours. The amount of drained CSF with 550 ml and 610 ml, respectively, in our two cases further supports this hypothesis. As a consequence of these findings, we leave CSFD in place for at least 96 hours, and a drainage volume of less than 100 ml in 24 hours is required before removal of the CSFD. The last three patients treated with this regimen produced an average of 1,700 ml of liquid during CSFD duration of 120 hours, which represents a sevenfold increase in the normal 24-hour production of 250 ml liquid. We observed an increased daily volume between days 2 and 4, which led us to assume that spinal cord edema persists for more than 2 days.

Nevertheless, further studies addressing the optimal drainage duration must be conducted to elucidate this still underinvestigated field of TAAA repair. Despite such recognized adjuncts such as CSFD, left heart bypass, distal aortic perfusion, and reattachment of critical intercostals arteries, paraplegia still occurs with an incidence of 3% to 15% in experienced centers, which underlines the need for continuing research for this most feared complication after thoracoabdominal aortic aneurysm repair.3,14

References

VENTILATION during lung isolation for thoracic surgery is complicated by decreased pulmonary compliance and increased venous admixture (shunt). Compared with two-lung ventilation, a higher inspired airway pressure is required to create an equivalent tidal volume, and there is a greater potential for significant hypoxemia. These problems are exaggerated when ventilation is attempted via a lung that has previously undergone a large resection, such as complete or partial lobectomy.

We report a novel combination of a double lumen tube (DLT) and bronchial blocker to provide suitable conditions for right upper lobe surgery in a patient who had recently undergone a left upper lobectomy.

Case Report

A 63-year-old man was diagnosed with two concurrent primary lung tumors, one in the left upper lobe, the other in the right upper lobe. The patient was obese (body mass index, 36 kg m⁻²) but had no other significant comorbidities. For surgical indications, it was decided to resect the left upper lobe tumor first. The patient underwent an uneventful left upper lobectomy using a 39 F left DLT (Broncho-Cath, Mallinckrodt Inc., St. Louis, MO) for intraoperative lung isolation.

Six weeks later, the patient was rescheduled for resection of the right upper lobe tumor. An epidural catheter was placed preoperatively. Arterial blood gases while the patient was breathing room air showed a pH 7.44, pCO₂ 39 mmHg, and pO₂ 88 mmHg. After intravenous induction, an Arndt Endobronchial Blocker (Cook Inc., Bloomington, IN) was inserted and advanced through the vocal cords. The patient was then intubated with a 37 F left DLT (Bronch-Cath) placed next to the blocker. A smaller DLT was chosen on this occasion so that the airway could accommodate the two devices. A fiberoptic bronchoscope was inserted via the tracheal lumen of the DLT, and the bronchial cuff was positioned in the left main bronchus just beyond the carina. The blocker was then advanced under vision into the bronchus intermedius of the right main bronchus so that its balloon came to lie beyond the orifice of the right upper lobe bronchus (fig. 1). General anesthesia was maintained by sevoflurane in oxygen.

The patient was turned onto the lateral position and the surgery began. When the surgeon requested collapse of the right lung, the balloon of the blocker was inflated and the tracheal lumen of the DLT opened to the atmosphere. The right upper lobe was thus isolated from the left lung by the bronchial cuff of the DLT, and from the middle and lower lobes of the right lung by the blocker balloon. Continuous positive airway pressure (CPAP), 2 cm H₂O with 100% oxygen, was then applied to the right middle and lower lobes via the bronchial blocker. This arrangement allowed for unimpeded collapse of the right upper lobe and for surgery to proceed unhindered by movement within the right chest. Pressure-controlled mode was used for ventilation of the dependent lung at a rate of 14 and pressure of 28 cm H₂O, producing tidal volumes of 400 to 450 mL. Arterial blood gas analysis 15 min after this maneuver showed pH 7.37, pCO₂ 50 mmHg, and pO₂ 146 mmHg. A peripheral tumor was found in the right upper lobe and was removed by wedge resection. The arterial oxygen saturation remained at 99% throughout.

Previously undiagnosed tumors were then discovered in the right middle lobe. The surgeons requested the CPAP to be removed for their assessment and subsequent excision by wedge resections. Arterial blood gases performed 15 min after CPAP removal and collapse of the right middle and lower lobes showed a pO₂ of 104 mmHg and SaO₂ of 97%.

The procedure took 150 min and was uneventful. At completion, the trachea was extubated and the patient made an otherwise routine recovery.

Discussion

We describe the combined use of DLT and bronchial blocker to electively secure selective lobar isolation.
This differs from previously reported DLT-bronchial blocker combinations in which the role of the blocker has been to rescue an unexpected malposition of the DLT.1-3 Our combination produced a unique situation for thoracic surgery. Oxygenation was provided via both the remaining ventilated left lower lobe and the CPAP applied to the isolated right middle and lower lobes. Carbon dioxide clearance was achieved via the ventilated left lower lobe. The right upper lobe collapsed freely and the remaining right lung remained quiescent and isolated. Peak airway pressure in the left lung was maintained at less than 30 cm H2O, and a minor degree of hypoventilation and respiratory acidosis were accepted.

According to a model for calculating the proportion of functional lung tissue remaining postresection,4 our patient could be predicted to have lost 24% of lung function following his initial left upper lobectomy. A subsequent right thoracotomy with conventional lung isolation via a left DLT would require intraoperative gas exchange via 30% of the total remaining segmental lung function. In our opinion, it was unpredictable as to whether the patient would be able to tolerate this approach without risking hypoxemia, barotrauma, or pulmonary overdistention.5 Hypoxemia during one lung ventilation can usually be successfully managed by applying CPAP with oxygen to the operative lung, but this provides less than optimal operating conditions. In retrospect, we acknowledge that this patient might have tolerated the entire procedure by conventional lung isolation, as demonstrated by his ability to maintain arterial oxygen saturation after the blocker was deflated and selective lobar CPAP was removed.

Selective lobar collapse, using the combination of a single lumen tube and bronchial blocker, has been described in the context of previous contralateral pulmonary resection.6,7 Campos, using a single lumen tube and open channel blocker, was able to show improved oxygenation when CPAP with oxygen was applied during selective lobar isolation.8 However, the use of a single lumen tube dictates selective blockade of the operative lobe. Ventilation and lung movement continue within the surgical hemithorax, and the use of selective CPAP to the operative lobe might not be appreciated by the surgeon. Our combination of DLT with a bronchial blocker placed in the anatomically aligned bronchus intermedius provided both flexibility and stability. The motionless right chest with fully collapsed right upper lobe offered the surgeon optimal operating conditions.

With the implementation of surveillance protocols following pulmonary resection for lung cancer, we might expect a greater detection rate for patients developing a second resectable primary lung tumor.9 It is also now not uncommon for patients to present for repeat thoracotomies for resection of certain types of metastatic tumors within the lungs. Therefore, in the future, it is likely that the number of patients presenting for a subsequent, often contralateral, pulmonary resection will increase. Anesthetists managing these complex thoracic cases must be able to use the full range of airway devices available, and in a manner that involves adaptation to the individual anatomic variations presented by each situation.

References